



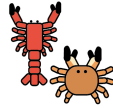
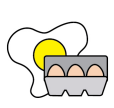

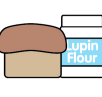






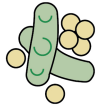



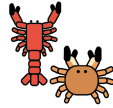
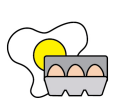
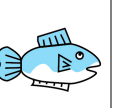











DISHES AND THEIR ALLERGEN CONTENT – Blue Anchor, Reigate

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
8oz Sirloin Steak, Mushrooms, grilled Tomatoes and Triple Cooked Chips							✓		✓					✓
B.L.T Sandwich		✓		✓			✓		✓					✓
Bowl of Triple Cooked Chips	No Allergens													
Chargrilled Chicken Burger		✓		✓			✓		✓					✓
Chicken Satay with Cous Cous Salad	✓	✓					✓			✓	✓	✓		
Fresh Fish Fingers		✓		✓	✓		✓							
Fresh Home-Made Chicken Nuggets		✓		✓			✓							
Fresh Roast Chicken with Pork & Herb Stuffing Balls	✓	✓		✓			✓		✓				✓	
Hand Beer Battered Fresh Cod Loin Fish Finger Wrap														
Home Cooked Sweet Ham, Free Range Eggs & Triple Cooked Chips				✓										
Homemade Quiche, Salad & Triple Cooked Chips		✓		✓			✓							
Jalapeno, Onion & Cheddar Hush		✓		✓			✓							

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Puppies (v)														
JD Glazed Baby Back Ribs	✓								✓				✓	✓
Kids Blue Anchor Burger		✓					✓							
Kids Sunday Roast	✓	✓		✓			✓		✓				✓	✓
Nachos (v) / Pulled Pork Nachos		✓					✓					✓		✓
Olde English Sausage Sandwich with English Mustard		✓			✓		✓		✓					✓
Olives & Pitta (v)		✓							✓			✓		✓
Pilgrim Beer, Hand Battered Fresh Cod Loin		✓		✓	✓		✓		✓					✓
Pulled Pork Burger		✓							✓					✓
Roast Sirloin of Beef with Yorkshire Puddings & Horseradish	✓	✓		✓			✓		✓				✓	
Smoked Mackerel & Salmon Fishcakes	✓	✓		✓	✓		✓		✓				✓	
Spiced Lentil Burger (V)	✓	✓							✓					✓
Spiced Puy Lentil Nut Roast	✓	✓		✓			✓		✓	✓	✓		✓	
The Blue Anchor Burger		✓		✓			✓		✓					✓
The Blue Anchor Club Sandwich		✓		✓			✓		✓					✓

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
The Blue Anchor Vegetarian Club Sandwich (V)		✓		✓			✓		✓					✓
The Blue Anchor Welsh Rarebit (V),		✓		✓	✓		✓		✓					✓
Thai Spiced Chicken Kebab	No Allergens													
Vegetarian Kebab	No Allergens													
Home-made Coleslaw				✓				✓						
Garden Salad														✓
Olde English Sausage & Apple Sauce		✓											✓	
Vegetarian Sausage		✓		✓					✓					

Last Updated: 17th July 2015